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## **Effect of Spiritist "Passe" on Preoperative Anxiety of Surgical Patients: A Randomized Controlled Trial, Double-Blind.**

Carneiro ÉM, et al. J Relig Health. 2019.

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### **Abstract**

The objective of this study was to evaluate the preoperative anxiety of hospitalized patients exposed to Spiritist "passe," laying on of hand with the intention of healing (Sham) and without laying on of hand. Other variables as depression, pain, physiological parameters, muscle tension, and well-being were assessed. Patients in the Spiritist "passe" intervention group showed greater reductions in anxiety ( $p < 0.05$ ) and muscle tension ( $p < 0.01$ ) and increases in well-being ( $p < 0.01$ ). More marked reductions in preoperative anxiety and muscle

tension and improvement in well-being were observed in patients exposed to Spiritist "passe" compared to Sham or standard medical care. Trial registration: ClinicalTrials.gov Identifier NCT03356691.

PMID: 31119515 [ - as supplied by publisher]

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