

Pica & Associates
Psychological Services
and
Holistic Medicine



PRACTICUM BROCHURE

2023-2024



About Us



Our Philosophy

Our practice's philosophy focuses on the symbol of the labyrinth. At Pica & Associates, we hope to help individuals while they go through their journey in the maze of life.

The labyrinth was originally created as an image of a story by the Tohono o'odham or Papago Indians of the Central Valley in Arizona. The concept has been embraced by others and focuses on life's cycles and choices one is confronted with in life. When we choose right choices it leads us to a point of harmony even if the road taken is long and hard. This symbol is particularly used by Hopi silversmiths as a way to showcase the quality of their technique. The labyrinth encompasses the ideas of wholeness.

At Pica & Associates, we embrace wholeness as the end result of one's journey in the world. We hope to help guide our patients through their journey towards wholeness.



Our Areas of Focus

Adjustment Disorders	Marital Therapy / Couples Therapy
Anger Management	Men's Issues
Anxiety Disorders	OCD (Obsessive Compulsive Disorder)
Autism Spectrum Disorders	ODD (Oppositional Defiant Disorder)
ADHD	Pain Management
Attachment Issues	Panic Disorders
Bipolar Disorders	Personality Disorders
Conduct Disorders	PTSD (Post Traumatic Stress Disorder)
Depression	Self-Injury
Eating Disorders	Sensory Integration Dysfunction
Family Therapy	Social Anxiety
Geriatric & Dementia Services	Substance Abuse / Dependence
Grief Therapy	Women's Issues
Health Psychology/Chronic Pain	
Learning Disorders	

Training Overview

Pica & Associates Psychological Services and Holistic Medicine is committed to training the next generation of psychologists to the highest standard. In our training program, externs will be given the opportunity to work in various roles associated with professional psychology in a guided, clinical private practice setting and gain practical, real-world experience. The development and/or refinement of specific skills and competencies associated with a psychotherapist and psychodiagnostician are the main focus of the training program.

We believe that an effective practicum requires a balance of clinical experience, supervision, and didactic training. In this regard, all of our clinicians and therapists strive to foster a supportive, educational environment that provides progressive clinical exposure within a framework of collaborative supervision that simultaneously encourages self-awareness and critical thinking in order to facilitate professional growth. Through this training program, externs will become familiar with all aspects of clinical private practice, with the end goal being to learn applied functional skills, scientific and ethical knowledge, and professional attitudes to help begin to prepare them for competent professional practice.

Practicum Opportunities

Pica & Associates Psychological Services and Holistic Medicine offers practicum placements for students currently enrolled in accredited graduate psychology training programs. One-year practicum positions begin with orientation in July. **Students will begin their scheduled training days the week of July 1st for the 2023-2024 year.**

We offer practicum placements that adhere to the requirements of most training programs (diagnostic/basic, therapy/intermediate and advanced).

Our training program includes a combination of both individual + group supervision. Additionally, Pica & Associates Psychological Services and Holistic Medicine will pay for 2 continuing education courses for students accepted into the practicum program.

ADVANCED PRACTICUM

We also offer an Advanced Therapy Practicum that combines therapy and psychological testing with the goal of preparing students for internship.

Diagnostic Training

Pica & Associates Psychological Services and Holistic Medicine's Diagnostic Training placement focuses on developing each student's competence in assessment, diagnosis, case conceptualization, and the recommendation process for treatment and interventions. Practicum students will have experience in the evaluation of a wide variety of psychological conditions, disorders and diseases.

Our goal in Diagnostic Training is to provide externs with exposure to a wide range of referral with varying diagnoses and treatment issues, including but not limited to, anxiety, depression, ADHD, Learning Disorders, Autism Spectrum Disorders, personality disorders, and more.

The expectation is that students will become proficient with psychological evaluations, including: administration, scoring, and interpretation of tests, as well as communicating these results via feedback sessions and producing clinical reports.

Students can anticipate administering an average of 1-2 full assessment batteries per month. Throughout the training year, diagnostic practicum students will have the opportunity to administer a minimum of 12 individualized testing batteries.

Therapy / Intervention

Pica & Associates Psychological Services and Holistic Medicine's Therapy/Intervention placement focuses on developing competency of case conceptualization and treatment planning, including empirically supported interventions, and development of treatment goals.

Externs will become familiar with existential/humanistic approaches, cognitive behavioral therapy, psychodynamic psychotherapy, family systems, and other therapies including DBT & ACT.

Students will have the opportunity to participate in multiple areas of clinical including marital therapy, DBT, hypnosis, ACT, varying expressive therapies such as Art Therapy, Animal-Assisted Therapy, and to utilize our Sensory Room to learn how to effectively work with patients with sensory disorders.

Individual psychotherapy supervision is provided for a minimum of one hour per each week.

Supervision

Pica & Associates Psychological Services and Holistic Medicine's training program is designed to facilitate direct supervision opportunities through daily interactions with supervisors during day-to-day clinical activities. Styles of supervision may vary and students can expect to learn from modeling, observation, feedback, directed readings, ethical training, and professional mentorship. Such activities may include, but are not limited to, clinical case discussion, professional development, attending weekly interdisciplinary team meetings and case conferences, observing and being observed while providing clinical services, and formal case presentations.

Externs will receive a minimum of 2 hours of clinical supervision per week, in both individual and group formats.

Evaluation

Formal evaluation of each student's performance by clinician supervisors is part of the training process and is completed twice in the training year (one at the mid-year point and the second time at the end of the year).

An informal evaluation will be performed by the student's primary supervisor within the first three months of starting the externship in the interest of providing consistent, ongoing guidance and feedback as the student begins the practicum.

Requirements

Pica & Associates Psychological Services and Holistic Medicine offers practicum training in a 16-20 hours per week training format.

Students will be expected to be on-site at the clinical office location for all training days. Specific days and times will be discussed with successful candidates during the interviewing process.

Students are required to attend mandatory orientation sessions during the first month (July).

Qualifications

Pica & Associates Psychological Services and Holistic Medicine strongly prefers applicants who meet the following qualifications:

- While academic performance represents only a portion of an extern's capabilities, applicants with a current GPA of 3.5 or higher are strongly preferred.
- Received satisfactory (B or higher) in Cognitive/Intellectual Assessment course to support adequate understanding of WISC and WAIS administration.
- Familiarity with additional psychological assessments (e.g., personality & academic measures).
- Applicants applying for this position should be interested in working with both child/adolescent and adult populations.

Application Materials

- Cover Letter specifying the track to which you wish to apply (Diagnostic or Therapy/Intervention)
- Curriculum Vitae (CV)
- Three Letters of Recommendation
- Graduate school transcript(s) (unofficial is acceptable)

Submission

All applications should be submitted online at: www.pica-associates.com/practicum

DEADLINES may vary based upon the guidelines for particular programs or concentrations a student is enrolled. Students should indicate if they are not required to follow ACEPT guidelines on the online submission form.

Deadlines are as follows:

1) Students enrolled in programs or concentrations that do not require ACEPT procedures, including but not limited to, Neuropsychology programs, School Psychology or MA level, **submission opens DECEMBER 19th, 2022.**

2) For students required to follow ACEPT guidelines and procedures, **submission deadline is FEBRUARY 10th, 2023.**

- Date we will inform applicants if they will be interviewed: Monday, March 6, 2023
 - Pre-Notification Day: Friday, March 24, 2023
 - Notification Day: Monday, March 27, 2023
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If you have any questions or concerns about the application process, please contact Dr. Tanya Gluzerman, PsyD, President & Director of Training, by email at: gluzerman@picaassoc.net.

We look forward to receiving your application!

